

Biomesotherapy/Biopuncture - helping your body heal

Beneficial for arthritis, low back pain, spinal pain, sore joints, injuries

1. What is Biomesotherapy?

Biomesotherapy is a new therapy consisting of:

- Stimulating the body by putting a sterile saline solution (which is exactly the same as the body's fluid composition) under the skin.
- This stimulates deeper organ systems known as a cutivisceral response. Oral homeopathic medicines are given simultaneously which focus upon the organ or tissue requiring treatment. It is a very popular form of Natural medicine.

Examples of diluted natural medicines commonly used in Biomesotherapy are Traumeel and Zeel ampoules. They contain absolutely no impurities. When the body is activated it will not therefore be transporting additives and preservatives to the tissue or the organ system being treated.

Traumeel is used for inflammations and sports injuries. Zeel is used for tennis elbow, whiplash and arthrosis. There are hundreds of different biomesotherapy products available throughout Europe in clinical practice.

2. Where is the saline solution inserted?

People are often very surprised at the ease of the treatment. This technique cannot be compared with the injections given in conventional medicine.

The needles are finer, like acupuncture needles, and inserted into a self-loading device called an 'inject-ease' device. Saline is inserted just under the skin or into specific muscle points.

3. What about the safety and efficacy of this technique?

This technique often has much less discomfort than the average acupuncture treatment.

Biomesotherapy uses carefully calculated diluted substances, commonly known as homeopathic potencies. Specific healing combinations of these medicines are used for particular conditions. Three or more sessions may be required before results are comparable. However, many patients may receive immediate relief from pain and discomfort after their treatment.



Total Bliss
Health and Beauty

Mon - Fri 9 am - 8* pm
Saturday: 9 am - 4* pm

*Closing times vary
Sunday by appointment

586 Stanley St (next to Baby Arrivals & opp Mater Hospital) South Brisbane

ANJELEEN'S ROOMS

Grnd Level, 104 Dawson Road, Upper Mount Gravatt

Telephone: 3846 1222

4. How does it work?

Biomesotherapy stimulates your body's own healing capacity. The body is encouraged to start healing itself. Many of the products used are formulated to relax muscle tension for example, when treating neck and low back pain. Pain in the knee or hip region can have a muscular origin. This means it can be treated without touching the joint itself.

Biomesotherapy aims to normalise nervous system imbalance. This is like getting your computer in balance again.

Another important area of Biomesotherapy is detoxification. Detoxification literally means cleaning the body. Toxins that have accumulated in the body from the environment, poor diet or from medication are able to alter the immune's defense system resulting in inflammation. Toxins can also disturb the responses of your nervous system, causing pain and discomfort.

These toxins are the reason why the body may not be functioning at its optimum level. Eliminating toxins (homotoxins) is an important strategy, especially when dealing with chronic diseases.

Biomesotherapy helps eliminate toxins and normalise an imbalanced system.

5. When do practitioners suggest using Biomesotherapy?

The majority of patients are treated with Biomesotherapy as an alternative for pain management. Pain is an important warning that something is wrong in the body. The source of the pain reaction must be addressed. More than one treatment may be necessary for initial improvement. If your pain is recent it may be treated in two or three sessions. If the pain has been present for months or even years, it may take several treatments. After the first treatment it is possible you may feel a little worse. This is because the healing process is being activated. Your body may have to work on the cause of the problem and, in doing so, produces some discomfort. This means that real healing is taking place.

Biomesotherapy is used for minor orthopaedic problems. These include neck and back pain, ankle sprain, sciatica, frozen shoulder and achilles tendonitis. Biomesotherapy is also very successful in treating sports injuries.

This modality is often suggested for those who have tried orthodox medicine without success. Other patients experiencing medication side effects may be seeking alternatives.

In some patients it may be advantageous to combine a conventional approach together with Biomesotherapy. It is not necessary to stop your current pharmaceutical medication if this is prescribed by your doctor.

If in doubt, always contact your practitioner for professional advice on whether this therapy is suitable for you. Each case must be assessed individually by a trained Biomesotherapy practitioner.

6. When is Biomesotherapy not indicated?

Biomesotherapy cannot heal cancer, heart disease or AIDS. It is also not suggested for treat high blood pressure, diabetes, depression or epilepsy.

In many cases, such diseases are too serious or too aggressive, and can only be stopped through modern medicine or surgery.

HEALTH FUND REBATES APPLY
WE HAVE  HICAPS  FOR FAST CLAIMING FEES

Consultation and Treatment
(starts from) \$95 per session

www.tbhb.com.au
www.anjeleenkoklas.com.au